

This event is for men & women of all ages; under 12 must be accompanied by an adult.

Registration begins on Friday 10:00 a.m.-8:00 p.m. at the Inlet Information Office, and Saturday registration will be at Arrowhead Park from 7:00 a.m.-10:30 a.m. Friday registration is strongly recommended to avoid traffic congestion.

All participants must be on the water by 11:30 and within the designated area by 12:00 noon to begin the record attempt.

Participants must provide their own canoes/kayaks, paddles and life jackets. Rentals are available locally. (All participants must wear a lifejacket in order to participate.)

In case of inclement weather the event will take place on Sunday, September 14, 2008.

All participants will receive a goodie bag with their registration that includes:

- Parking map with put-in location
- Schedule of events
- T-shirt
- Breast cancer information
- & other goodies.

This event will benefit Susan G. Komen for the Cure® the world's largest grassroots network of breast cancer survivors and activists fighting to save lives, empower people, ensure quality care for all and energize science to find the cures. For more information you can check this cause out online at komen.org.

For additional information about the event check out OneSquareMileofHope.com.

For information about accommodations and the Inlet area log on to inletny.com and oldforgeny.com.

To volunteer call 1-866-GO INLET.

Rules for Guinness Attempt

- Each canoe or kayak within the raft must have at least one person in it.
- Inflatable canoes/rafts are not permitted.
- The canoes/kayaks can only be held together by hands. No craft can be lashed to another by ropes.
- The whole raft must free float on a body of water or river for at least 30 seconds. If at any time during this period the raft is grounded, touches land or any other craft, the attempt is disqualified.
- The raft cannot be attached to any other craft or jetty, but can be during the assembling of the raft.
- The record is based on the total number of canoes and kayaks in the raft, not the number of people involved.

Current Record to Break:
776
May 19, 2001 - on Hinkley Lake in Ohio



Make waves toward the cure.

Entry Form:

Fill out and return by to: CAPS, PO Box 22, Old Forge, NY 13420
 Donation: \$20 per boat (1 paddler) Additional paddlers \$10ea
 (Check one): Canoe Kayak (Check one): Single Tandem
 I wish to donate money to Susan G. Komen for the Cure® in the amount of \$_____.

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____ Age: _____

Email: _____

Shirt Size: _____

Method of Payment: (payable to CAPS)

Check _____

Drivers License # _____ State _____

Visa MasterCard American Express

Credit Card # _____ Exp. Date _____ 3-digit Code _____

To register online go to OneSquareMileofHope.com

I would like to help with this event.

I may need help carrying my canoe/kayak to water.

I am a survivor!

Must be signed by all participants.

Paddlers under 18 must have parent or guardian signature.

The undersigned knows and understands the risks of his or her undertaking in this on-water paddling event, as it relates to potential property damage and/or personal injury including bodily harm, head injury or death. In consideration of being allowed to participate in One Square Mile of Hope, the undersigned hereby voluntarily assumes all risk or damage to his or her person or property and the undersigned, for him or her self, hereby releases the Town of Inlet and the Central Adirondack Association, their officers, their members, and the event organizers, as well as any person or organization owning land adjacent to or on which the event is conducted from every claim, liability, or demand of any kind for, or on account of, any personal injury or damage of any kind sustained by him or her.

Printed Name _____ Signature _____

Signature of parent if under 18 _____

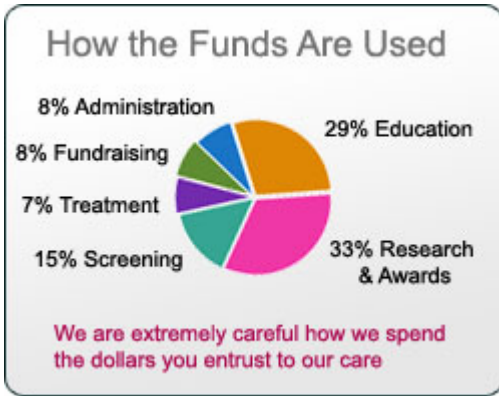
Printed Name _____ Signature _____

Signature of parent if under 18 _____



Your donation benefits Susan G. Komen for the Cure®. Below is some information directly from their website:

“For 25 years, friends who have shared the vision of Susan G. Komen for the Cure have become partners in advancing our mission. Together we have made tremendous progress toward eradicating breast cancer as a life-threatening disease through research, education, screening and treatment. The generosity of our donors is vital as we continue our efforts to help breast cancer patients today, as well as to invest in the health of future generations.”



FAQS

- At least seven million people die of cancer each year and close to 11 million new cases are diagnosed. That's more than AIDS, tuberculosis and malaria combined.
- Twenty-five years ago, when breast cancer was diagnosed before it spread beyond the breast, the five-year survival rate was just 74 percent. Today, it is 98 percent.
- Nearly 75 percent of women over the age of 40 now receive regular mammograms compared to just 30 percent in 1982.

One Square Mile of Hope
PO Box 22
Old Forge, NY 13420

One Square Mile of Hope

A Guinness World Record Attempt for the largest canoe & kayak raft benefiting Susan G. Komen for the Cure®



Photo by Daniel Breed

September 13, 2008
Fourth Lake, Inlet, NY